



WEEK 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken nuggets and potato wedges Beans and sweetcorn (W) (C)	Cottage pie with vegetables and gravy (W)	Roast pork served with apple sauce Yorkshire pudding, roast potatoes, vegetables and gravy (W) (E) (D)	Mild fruity chicken curry served with rice (D)	Cod fish fingers served with chips and beans (F) (W)
Veggie nuggets Beans and sweetcorn (W)	Quorn mince cottage pie (W)	Nutless roast (E) (W) (M) Allergens to be advised	Roasted vegetable curry (D)	Quorn dippers (W)
Jacket potato with cheese, beans or Tuna (D) (E)	Roll filled with cheese, ham or tuna (W) (D)	Jacket potato with cheese, beans or tuna (D) (E)	Roll filled with cheese, ham or tuna (W) (D) (E)	Jacket potato with cheese, beans or tuna (D) (E)
Blueberry & banana muffin (W) (E) (D)	Sultana biscuit (D) (W)	Iced sponge (D) (E) (W)	Smoothies	Flapjack (W) (D)

Allergen key C: Cereals D: Dairy E: Egg F: Fish M: Metabisulphite (preservative) G: Gluten (wheat/oats/barley/rye/spelt) S: Sesame seed may be present.

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Tandoori chicken flatbread with mango chutney, onion bhaji & lettuce (W)	Sausage casserole with vegetables and potatoes and beans (W)	Roast beef served with Yorkshire pudding, roast potatoes, vegetables and gravy (W) (E) (D)	Chicken, bacon and vegetable pasta bake (W)	Cod fillet served with chips and beans (W) (F)
Quorn fillet flatbread (W)	Vegetarian sausage (W)	Nutless Roast (E) (W) (M)	Vegetable pasta bake (W)	Southern fried bites (W)
Jacket potato with cheese, beans or tuna (D) (E)	Roll filled with cheese, ham or tuna (W) (D) (E)	Jacket potato with cheese, beans or tuna (D) (E)	Roll filled with cheese, ham or tuna (W) (D) (E)	Jacket potato with cheese, beans or tuna (D) (E)
Arctic roll (W) (D) (E)	Iced sponge (W) (D) (E)	Mini jam doughnut (W) (D)	Chocolate marble cake (W) (D) (E)	Brownie (W) (D)

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Penne pasta Bolognese bake (W)	Mince beef pie served with mash and vegetables (W)	Roast chicken with Yorkshire pudding, roast potatoes & vegetables (E) (W) (D)	BBQ chicken served with savoury rice & corn on the cob Allergens to be advised	Cod fillet served with chips and beans (F) (W)
Penne pasta with tomato sauce (W)	Quorn mince pie served with mash & vegetable (W)	Nutless roast (E) (W) (M)	BBQ Quorn fillet (W)	Southern fried bites (W)
Jacket potato with cheese, beans or tuna (D) (E)	Roll filled with cheese, ham or tuna (W) (D) (E)	Jacket potato with cheese, beans or tuna (D) (E)	Roll filled with cheese, ham or tuna (W) (D) (E)	Jacket potato with cheese, beans or tuna (D) (E)
Peach and apple crumble with custard (W) (D)	Chocolate pudding and custard (W) (D) (E)	Jam sponge (W) (D) (E)	Raspberry jelly	Rice krispie cake (W) (D)

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