White Hall
Academy & Nursery

Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Beef meatballs in tomato sauce with pasta and Vegetables or salad **(G - Wheat) Soya**	Brunch lunch with hash browns, beans and mushroom **(G - Wheat)**	Roast beef and Yorkshire pudding with roast potatoes, seasonal vegetables and gravy **(G - Wheat) (E) (D)**	Fishcake with mashed potato or spaghetti hoops and green beans **(G - Wheat) (F)**	Chicken bites with chips and peas or beans **(G - Wheat)** (May contain mustard, celery, egg, milk and soya products)
Veggie balls in tomato sauce with pasta, vegetables or salad **(G - Wheat)**	Veggie brunch with hash browns, beans and mushroom **(G - Wheat)**	Quorn fillets, Yorkshire pudding, roast potatoes, seasonal vegetables and gravy **(G - Wheat) (E) (D)**	Homemade veggie cake with or spaghetti hoops and green beans **(G - Wheat) (D)**	Veggie nuggets with chips and peas or beans **(G - Wheat) (May contain mustard, celery, egg, milk and soya products)**
Fruit smoothie	Lemon iced sponge **(G - Wheat) (E) (D) (Soya)**	Rice pudding and jam **(D)**	Chocolate and banana sponge with custard **(G - Wheat) (E) (D) (Soya)**	Fruit Biscuit **(G - Wheat)**
Jacket potato with either tuna, cheese or beans **(E) (D)**	Jacket potato with either tuna, cheese or beans **(E) (D)**	-	Jacket potato with either tuna, cheese or beans **(E) (D)**	-

Salad bar, fresh fruit and fresh drinking water are available daily

Allergen key C: Cereals **D:** Dairy **E:** Egg **F:** Fish **M:** Metabisulphite (preservative) **G:** Gluten (wheat/oats/barley/rye/spelt) **S:** Sesame seed may be present (G - Wheat) Wheat

NB. Allergens listed are as reported on the food packaging, which may vary according to the supplier: This is for guidance only.

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Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Fish fingers with mash and vegetables or beans **(F) (G - Wheat) (D)**	Chicken curry with rice, broccoli and naan bread **(D) (G - Wheat)**	Gammon, Yorkshire pudding, roast potatoes, seasonal vegetables and gravy **(E) (D) (G - Wheat)**	Cottage pie with mixed vegetables and gravy **(D)**	Beef burger, chips and beans **(G - Wheat)**
Veggie fingers, mash, vegetables or beans **(G - Wheat) (D)**	Sweet potato curry, rice and broccoli with naan bread **(G - Wheat) (D)**	Cheesy beanie, roast potatoes, seasonal vegetables and gravy **(G - Wheat) (D)**	Veggie cottage pie, mixed vegetables and gravy **(D) Soya**	Veggie burger, chips and beans **(G - Wheat)**
Artic roll **(E) (D) (G - Wheat) Soya**	Jam roly-poly and custard **(E) (D) (G - Wheat)**	Vanilla cheesecake with fruit **(D) (G - Wheat)**	Fruit jelly and cream **(D)**	Apple and banana crisp **(G - Wheat)**
Jacket potato with either tuna, cheese or beans **(E) (D)**	Jacket potato with either tuna, cheese or beans **(E) (D)**	-	Jacket potato with either tuna, cheese or beans **(E) (D)**	-

Salad bar, fresh fruit and fresh drinking water are available daily

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Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Pizza with wedges, corn or salad **(G - Wheat)**	Sausage roll with baby potatoes and beans **(G - Wheat) (D)**	Roast chicken, Yorkshire pudding, roast potatoes, seasonal vegetables and gravy **(G - Wheat) (D) (E)**	Beef Bolognaise pasta bake, garlic bread and corn **(G - Wheat) (D)**	Fishy Friday with chips and peas or beans **(G - Wheat) (F)**
Vegetarian pizza with wedges, corn or salad **(G - Wheat)**	Cheese and onion lattice with baby potatoes and beans **(G - Wheat) (D)**	Quorn roast with Yorkshire pudding, roast potatoes, seasonal vegetables and gravy **(G - Wheat) (D) (E)**	Veggie bolognaise pasta bake, garlic bread and corn **(G - Wheat) (D)**	Veggie fingers with chips, peas or beans **(G - Wheat) (D)**
Peaches and cream or fruit **(D)**	Upside down cake and custard **(G - Wheat) (D) (E)**	Angel delight or fruit **(D)**	Cherry shortbread **(G - Wheat) (D) (E)**	Lemon muffin or fruit **(G - Wheat) (D) (E)**
Jacket potato with either tuna, cheese or beans **(E) (D)**	Jacket potato with either tuna, cheese or beans **(E) (D)**	-	Jacket potato with either tuna, cheese or beans **(E) (D)**	-

Salad bar, fresh fruit and fresh drinking water are available daily

Allergen key C: Cereals **D:** Dairy **E:** Egg **F:** Fish **M:** Metabisulphite (preservative) **G:** Gluten (wheat/oats/barley/rye/spelt) **S:** Sesame seed may be present (G - Wheat) Wheat

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