

Pets As Therapy Dogs

The school dogs have been carefully assessed as Pets as Therapy (PAT) dogs. They have shown they can remain calm when they are working in school.

One of our dogs was assessed at birth and picked from the litter for his easy going temperament.



Allergic reactions.

The animals and their surroundings are kept clean and they are regularly groomed to help minimise allergic reactions. Children and parents are asked if they have any known allergies before coming into contact with the animals in school.

Fear of dogs.

There will be some children who have had a traumatic experience with a dog in the past and feel afraid. All Children will only have contact with the dogs after parental permission is given. Contact with the dogs is supervised at all times.



Therapy Dogs at White Hall



Meet Spot & Ollie

Many schools have found the introduction of a therapy dog helps reduce anxiety and helps to break down issues such as anger management.

Interacting with dogs is proven to help reduce blood pressure and anxiety.

How can the dogs help the children?

Developing listening skills

Develop speech & language skills

It's ok to make mistakes

Building confidence

Develop empathy

Express feelings



Feel calmer

Reduce stress and anxiety

Develop social skills

Build self-esteem

Develop reading confidence

Understand transition times