



My Curriculum Map

2025/2026

	TERM 1		TERM 2		TERM 3	
Reception	Fundamentals : Unit 1 Dance Unit 1	Fundamentals : Unit 2 Dance Unit 2	Introduction to PE Unit 1 Fundamentals : Unit 1	Introduction to PE Unit 2 Fundamentals : Unit 2	Ball Skills : Unit 1 Games : Unit 1	Ball Skills : Unit 2 Games : Unit 2
Year 1	Team Building Yoga	Dance Gymnastics	Sending and Receiving Ball Skills	Target Games Invasion Games	Athletics Fundamentals	Striking and Fielding Games Fitness
Year 2	Team Building Yoga	Gymnastics Dance	Ball Skills Sending and Receiving	Target Games Invasion Games	Athletics Fundamentals	Striking and Fielding Games Fitness
Year 3	Fundamentals Y3/4 Ball Skills Y3/4	Swimming Rugby	Dance Gymnastics	Football Basketball	Athletics Hockey	Cricket Tennis
Year 4	Fundamentals Y3/4 Ball Skills Y3/4	Swimming Rugby	Dance Gymnastics	Basketball Football Netball	Cricket Athletics	Tennis Hockey
Year 5	Football Fitness	Volleyball Y5/6 Swimming Rugby	Dance Gymnastics Badminton Y5/6	Hockey Netball	Basketball Athletics	Cricket Tennis Rounders
Year 6	Football Fitness	Swimming Volleyball Y5/6 Rugby	Dance Gymnastics Badminton Y5/6	Hockey Netball	Basketball Athletics	Cricket Tennis Rounders